



Don't forget to eat your vegetables.

High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe Popcorn Chicken Bowl

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Sausage Pizza

Diner Station Cheeseburger on Bun, Golden French Fries

Grab N Go Turkey Deli Sub Sandwich

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll

For questions or comments, contact

Mindy Riibe at 712-621-0042

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4 MONDAY

- Classic Cafe** Pasta Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Taco Pizza
- Diner Station** Corn Dog, Golden French Fries
- Grab N Go** Crispy Chicken Wrap

5 TUESDAY

- Classic Cafe** Taco Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Diner Station** Chicken Patty on Whole Grain Bun, Golden French Fries
- Grab N Go** Ham & Cheese Pinwheel

6 WEDNESDAY

- Classic Cafe** Biscuits & Gravy, Vanilla Yogurt, Breakfast Potatoes
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza
- Diner Station** Cheese Bosco Stick, Golden French Fries
- Grab N Go** Double Decker PB & J Sandwich

7 THURSDAY

- Classic Cafe** Chicken Gyro, Tomato & Cucumber Salad, Clementine Orange
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Diner Station** Crispy Chicken Tenders, Golden French Fries
- Grab N Go** Turkey BLT Wrap

8 FRIDAY

- Classic Cafe** Popcorn Chicken Bowl, Homemade Brownie
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Hawaiian Pizza
- Diner Station** BBQ Pulled Pork Sandwich, Golden French Fries
- Grab N Go** Ham Deli Sandwich

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11

MONDAY

Classic Cafe Wing Bar

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Sausage Pizza

Diner Station Popcorn Chicken, Golden French Fries

Grab N Go Turkey Ranch Wrap

14

THURSDAY

Classic Cafe Oven Roasted Chicken, Warm Potato Salad with Mustard, French Bread, Chocolate Chip Cookie

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Taco Pizza

Diner Station Corn Dog, Golden French Fries

Grab N Go Chicken Caesar Wrap

12

TUESDAY

Classic Cafe Taco Bar

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Diner Station Hamburger on a Bun, Golden French Fries

Grab N Go Egg & Chicken Salad Slider Combo

15

FRIDAY

Classic Cafe Popcorn Chicken Bowl

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Diner Station Cheeseburger on Bun, Golden French Fries

Grab N Go Turkey Deli Sandwich

13

WEDNESDAY

Classic Cafe General Tso's Chicken, Brown Rice, Fortune Cookie

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Sausage Pizza

Diner Station Chicken Patty on Whole Grain Bun, Golden French Fries

Gran N Go Honey Mustard Ham Wrap

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18

MONDAY

Classic Cafe Pasta Bar, Rice Krispie Treat

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza

Diner Station Chicken Patty on Whole Grain Bun, Golden French Fries

Grab N Go Crispy Chicken Wrap

21

THURSDAY

Classic Cafe Build Your Own Burger, Garlic Parmesan Roasted Potatoes

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Diner Station Popcorn Chicken, Golden French Fries

Grab N Go Turkey BLT Wrap

19

TUESDAY

Classic Cafe Taco Bar

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Diner Station Crispy Chicken Tenders, Golden French Fries

Grab N Go Ham & Cheese Pinwheel

22

FRIDAY

No School Winter Break

20

WEDNESDAY

Classic Cafe Pizza Bake, Garlic Breadstick, Leafy Green Salad

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Hawaiian Pizza

Diner Station BBQ Pulled Pork Sandwich, Golden French Fries

Grab N Go Double Decker PB & J Sandwich

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25

MONDAY

No School Winter Break

28

THURSDAY

No School Winter Break

26

TUESDAY

No School Winter Break

29

FRIDAY

No School Winter Break

27

WEDNESDAY

No School Winter Break

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