



Don't forget to eat your vegetables.

Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe Chicken Philly Sandwich

Diner Station Cheeseburger on Bun

Grab N Go Turkey Deli Sandwich

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll

For questions or comments, contact

Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





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4 MONDAY

Classic Cafe New Orleans Fish Hoagie, Cajun Chips

Diner Station Corn Dog

Grab N Go Crispy Chicken Wrap

5 TUESDAY

Classic Cafe Chicken Fajitas, Firenze Corn Salad

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Grab N Go Ham & Cheese Pinwheel

6 WEDNESDAY

Classic Cafe Biscuits & Gravy, Vanilla Yogurt, Breakfast Potatoes

Diner Station Cheese Bosco Stick

Grab N Go Double Decker PB & J Sandwich

7 THURSDAY

Classic Cafe Chicken Gyro, Tomato & Cucumber Salad, Clementine Orange

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab N Go Turkey BLT Wrap

8 FRIDAY

Classic Cafe Italian Meatballs & Bread Bowl, Garlic & Herb Broccoli, Homemade Brownie

Diner Station BBQ Pulled Pork Sandwich

Grab N Go Ham Deli Sandwich

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11

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Classic Cafe Tex Mex Bowl, Green Peas

Diner Station Popcorn Chicken

Grab N Go Turkey Ranch Wrap

14

THURSDAY

Classic Cafe Oven Roasted Chicken, Warm Potato Salad with Mustard, French Bread, Chocolate Chip Cookie

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Taco Pizza

Grab N Go Chicken Caesar Wrap

12

TUESDAY

Classic Cafe Garden Pasta Alfredo, Roasted Zucchini, Cheesy Garlic Toast

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Grab N Go Egg & Chicken Salad Slider Combo

15

FRIDAY

Classic Cafe Southwestern Burger Quesadilla, Potato Oles

Diner Station Cheeseburger on Bun

Grab N Go Turkey Deli Sandwich

13

WEDNESDAY

Classic Cafe General Tso's Chicken, Brown Rice, Fortune Cookie

Diner Station Chicken Patty on Whole Grain Bun

Grab N Go Honey Mustard Ham Wrap

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18

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Classic Cafe Baja Fish Tacos, Cilantro Lime Rice, Rice Krispie Treat

Diner Station Chicken Patty on Whole Grain Bun

Grab N Go Crispy Chicken Wrap

21

THURSDAY

Classic Cafe Build Your Own Burger, Garlic Parmesan Roasted Potatoes

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Grab N Go Turkey BLT Wrap

19

TUESDAY

Classic Cafe Sloppy Joe on a Bun, Macaroni & Cheese

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab N Go Ham & Cheese Pinwheel

22

FRIDAY

No School Winter Break

20

WEDNESDAY

Classic Cafe Pizza Bake, Garlic Breadstick, Leafy Green Salad

Diner Station BBQ Pulled Pork Sandwich

Grab N Go Double Decker PB & J Sandwich

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25

MONDAY

No School Winter Break

28

THURSDAY

No School Winter Break

26

TUESDAY

No School Winter Break

29

FRIDAY

No School Winter Break

27

WEDNESDAY

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