



Don't forget to eat your vegetables.

Red Oak Community School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

30

31

National Wear Red Day 1
Cheese Pizza
Chicken Fried Rice
Rip Stick Breadstick
Southwest Chicken Salad
Roasted Broccoli

4
Chicken Philly Sandwich
Ravioli with Meat Sauce
French Bread
Turkey BLT Wrap
Kale Salad

5
BBQ Rib Sandwich
Green Beans
Noon Release

6
Chicken Nugget Basket
Fish Nugget Basket
Chef Salad
Tator Tots
French Bread

7
Cheeseburger on Bun
Spicy Pinto Beans
Noon Release

8
HOM Papaya
No School

11
No School

12
Ham, Egg & Cheese on Bagel
Macaroni & Cheese
PB&J Sandwich
Roasted Broccoli

13
Corn Dog
Pulled Pork Sandwich
Turkey Munchable
Coleslaw

14
Valentine's Day
Love Me Chicken Tenders
Sweetheart Salisbury Steak
Hugs Full of Ham Sub Sandwich
Be Mine Mashed Potato Gravy
Cupid Corn

15
HOM Cilantro
Hamburger on a Bun
Crispy Chicken Sandwich
Green Peas

18
Pancakes
Strawberry Topping
Bacon, Egg & Cheese on English Muffin
WG Chips, Salsa & Cheese Cubes
Hard Boiled Egg
Breakfast Potato Casserole

19
Crispy Chicken Tenders
Roast Pork & Gravy
Turkey BLT Salad
Mashed Potatoes
Whole Grain Dinner Roll

20
National Muffin Day
Portugese Piri Piri Chicken with Tomato Rice (Made by Chef)
French Bread Pizza
Chef Salad
Roasted Cauliflower
Blueberry Muffin

21
HOM Bell Peppers
BBQ Chicken Sandwich
Philly Flatbread
Beef Taco Salad
Calico Bean Bake

22
Cheeseburger on Bun
Chicken Alfredo w/Pasta
Garlic Toast
Yogurt Pak with Bagel
Green Beans

25
Chili and Tortilla Day
Sloppy Joe on a Bun
Seasoned Ranch Wedges
Noon Release

26
Crispy Chicken Sandwich Basket
All American Burger Basket
Turkey BLT Salad
Kettle Potato Chips
Pickle Slice

27
Chicken Bacon Ranch Melt
Italian Stromboli
Chef Salad
Garden Salad

28
Beefy Nachos & Homemade Cheese Sauce
Chicken Crispito
Homemade Nacho Cheese Sauce
Beef Taco Salad
Refried Beans



Prices

Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Mindy Riibe at 712-621-0042 or email riiem@roschools.org

