

2009 H-10 All-Academic Selections

<u>Cross Country – Boys'</u>		<u>Football (cont'd)</u>	
Will Cord	Atlantic	Rich Nichols	Atlantic
Ed Ehlert	Atlantic	John VanGinkel	Atlantic
Nicolas Cabeen	Clarinda	Alec Guttenfelder	Atlantic
Tyler Coenen	Creston	Kevin Irr	Creston
Brian Meyer	Creston	Seth Pals	Creston
Josh Schwade	Denison	Nick Neitzel	Creston
Taylor Williams	Glenwood	Kory Aldrich	Clarinda
Nathan Brace	Harlan	Anthony Card	Clarinda
Michael Greteman	Kuemper	Nicholas Card	Clarinda
Ryan Epperson	Lewis Central	Wesley Mullen	Clarinda
Blake Hunter	Lewis Central	Cree Slough	Clarinda
Cody Maxwell	Lewis Central	Brody Swanson	Clarinda
Taylor May	Lewis Central	Alexander Volkmar	Clarinda
Ryan Penney	Lewis Central	Tyler Groth	Denison
Dylan Berry	Red Oak	Matthew Kolln	Denison
		Matt Eiten	Denison
		Grant Loeffelbein	Glenwood
<u>Cross Country – Girls'</u>		Josh Matthews	Glenwood
Jessica Hawkins	Atlantic	Cory Simms	Glenwood
Kierra Smith	Creston	Nicholas Uphoff	Glenwood
Julia Lantz	Clarinda	Rob Larson	Harlan
Nicole Lantz	Clarinda	Marcus Streit	Harlan
Faith Richard	Denison	Joe Buman	Harlan
Laura Chekal	Glenwood	Daniel Schaben	Harlan
Katie Greenfield	Glenwood	Anthony Hough	Harlan
Ashly Nolan	Glenwood	Mark Langenfeld	Harlan
Emily Robinson	Glenwood	Ryan Fahn	Harlan
Brianna Croghan	Harlan	Craig Connell	Harlan
Jennifer Hosack	Harlan	Joe Arentson	Harlan
Kaitlin Uhlenkamp	Kuemper	Michael Kaufmann	Harlan
Kayla Bass	Lewis Central	Luke Lansman	Harlan
Jori Kellogg	Lewis Central	Dillon Kramer	Harlan
Alba Lavrenz	Lewis Central	Matt Hoch	Harlan
Shelby Miller	Lewis Central	Austin Boeckman	Kuemper
Jessica Reicks	Lewis Central	Brandon Boldt	Kuemper
Taylor Turgeon	Lewis Central	Kent Henderson	Kuemper
Michaela Griffen	Red Oak	Ethan Kathol	Kuemper
Cayla Loew	Red Oak	Tyler Naberhaus	Kuemper
Kelsey Allison	Red Oak	Dillon Rupiper	Kuemper
		Austin Weitl	Kuemper
<u>Football</u>		Alex Wiederin	Kuemper
Garrett Carlson	Atlantic	Trevor Ryba	Lewis Central
Zac Watts	Atlantic	Brooke Berringer	Lewis Central
Russ Fairfield	Atlantic	Zach Pettepier	Lewis Central
Ross Baier	Atlantic		
Chet Meneely	Atlantic		

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Football (cont'd)

Denver Lohnes	Lewis Central
Cole Jensen	Lewis Central
Josh Kasubick	Red Oak
Josh Nix	Red Oak
Jackson Miller	Red Oak
Casey Wright	Shenandoah

Football – Managers

Shelby Oatman	Denison
Nathan Greving	Kuemper
Cassie Gehling	Kuemper
Leah Klocke	Kuemper

Cheerleaders

Michelle Davidson	Clarinda
Dani Paup	Creston
Laura Walter	Creston
Kierra Smith	Creston
Shelby Downing	Denison
Natasha Boger	Denison
Brooke Webb	Denison
Laura Chekal	Glenwood
Kirsten Applegate	Harlan
Amy Becker	Kuemper
Krista Knobbe	Kuemper
Natasha Carter	Lewis Central
Brittnie Kreiser	Lewis Central
Allysan White	Lewis Central
Rachel Norris	Red Oak
Hollie Platt	Red Oak
Liz Pratt	Red Oak
Cara Burroughs	Shenandoah

Volleyball – Managers

Danielle Dougherty	Atlantic
Kenzie Bruch	Kuemper
Kim Lally	Kuemper
Melissa Pietig	Kuemper
Kelsey Allison	Red Oak

Volleyball

Miranda Fischer	Atlantic
Jill Johnson	Creston
Maria Krejci	Creston
Cheyenne Weis	Creston
T'Lee Ray	Creston
Ashley McGehee	Creston
Frances Myers	Creston
Cassie Abbott	Creston
Danielle Price	Creston
Sarah Jennett	Creston
Leah Hurt	Creston
Katie Aldrich	Clarinda
Laura Steinauer	Clarinda
Emma Sunderman	Clarinda
Kayla Krohnke	Denison
Whitney Reimers	Denison
Ashley Rogers	Denison
Danielle Stewart	Harlan
Mary Kaufmann	Harlan
Leah Miller	Harlan
Mariah Bakke	Kuemper
Hannah Garrett	Kuemper
Sara Hanners	Kuemper
Kendra Forristall	Lewis Central
Hayleigh Hansen	Lewis Central
Morgan Misfeldt	Lewis Central
Jami Mundt	Lewis Central
Lauren Fellers	Red Oak
Shelby Marsden	Red Oak
Kelsey Perdue	Red Oak
Shay Edie	Red Oak
Liz Cooper	Red Oak
Jami Redel	Red Oak
Kaely Piller	Red Oak
Kristin Comstock	Shenandoah
Leah McIntosh	Shenandoah
Kayla Adamson	Shenandoah