

2009 H-10 All-Academic Selections

Cross Country – Boys'

Will Cord	Atlantic
Ed Ehlert	Atlantic
Nicolas Cabeen	Clarinda
Tyler Coenen	Creston
Brian Meyer	Creston
Josh Schwade	Denison
Taylor Williams	Glenwood
Nathan Brace	Harlan
Michael Greteman	Kuemper
Ryan Epperson	Lewis Central
Blake Hunter	Lewis Central
Cody Maxwell	Lewis Central
Taylor May	Lewis Central
Ryan Penney	Lewis Central
Dylan Berry	Red Oak

Cross Country – Girls'

Jessica Hawkins	Atlantic
Kierra Smith	Creston
Julia Lantz	Clarinda
Nicole Lantz	Clarinda
Faith Richard	Denison
Laura Chekal	Glenwood
Katie Greenfield	Glenwood
Ashly Nolan	Glenwood
Emily Robinson	Glenwood
Brianna Croghan	Harlan
Jennifer Hosack	Harlan
Kaitlin Uhlenkamp	Kuemper
Kayla Bass	Lewis Central
Jori Kellogg	Lewis Central
Alba Lavrenz	Lewis Central
Shelby Miller	Lewis Central
Jessica Reicks	Lewis Central
Taylor Turgeon	Lewis Central
Michaela Griffen	Red Oak
Cayla Loew	Red Oak
Kelsey Allison	Red Oak

Football

Garrett Carlson	Atlantic
Zac Watts	Atlantic
Russ Fairfield	Atlantic
Ross Baier	Atlantic
Chet Meneely	Atlantic

Football (cont'd)

Rich Nichols	Atlantic
John VanGinkel	Atlantic
Alec Guttenfelder	Atlantic
Kevin Irr	Creston
Seth Pals	Creston
Nick Neitzel	Creston
Kory Aldrich	Clarinda
Anthony Card	Clarinda
Nicholas Card	Clarinda
Wesley Mullen	Clarinda
Cree Slough	Clarinda
Brody Swanson	Clarinda
Alexander Volkmar	Clarinda
Tyler Groth	Denison
Matthew Kolln	Denison
Matt Eiten	Denison
Grant Loeffelbein	Glenwood
Josh Matthews	Glenwood
Cory Simms	Glenwood
Nicholas Uphoff	Glenwood
Rob Larson	Harlan
Marcus Streit	Harlan
Joe Buman	Harlan
Daniel Schaben	Harlan
Anthony Hough	Harlan
Mark Langenfeld	Harlan
Ryan Fahn	Harlan
Craig Connell	Harlan
Joe Arentson	Harlan
Michael Kaufmann	Harlan
Luke Lansman	Harlan
Dillon Kramer	Harlan
Matt Hoch	Harlan
Austin Boeckman	Kuemper
Brandon Boldt	Kuemper
Kent Henderson	Kuemper
Ethan Kathol	Kuemper
Tyler Naberhaus	Kuemper
Dillon Rupiper	Kuemper
Austin Weitl	Kuemper
Alex Wiederin	Kuemper
Trevor Ryba	Lewis Central
Brooke Berringer	Lewis Central
Zach Pettepier	Lewis Central

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Football (cont'd)

Denver Lohnes	Lewis Central
Cole Jensen	Lewis Central
Josh Kasubick	Red Oak
Josh Nix	Red Oak
Jackson Miller	Red Oak
Casey Wright	Shenandoah

Football – Managers

Shelby Oatman	Denison
Nathan Greving	Kuemper
Cassie Gehling	Kuemper
Leah Klocke	Kuemper

Cheerleaders

Michelle Davidson	Clarinda
Dani Paup	Creston
Laura Walter	Creston
Kierra Smith	Creston
Shelby Downing	Denison
Natasha Boger	Denison
Brooke Webb	Denison
Laura Chekal	Glenwood
Kirsten Applegate	Harlan
Amy Becker	Kuemper
Krista Knobbe	Kuemper
Natasha Carter	Lewis Central
Brittanie Kreiser	Lewis Central
Allysan White	Lewis Central
Rachel Norris	Red Oak
Hollie Platt	Red Oak
Liz Pratt	Red Oak
Cara Burroughs	Shenandoah

Volleyball – Managers

Danielle Dougherty	Atlantic
Kenzie Bruch	Kuemper
Kim Lally	Kuemper
Melissa Pietig	Kuemper
Kelsey Allison	Red Oak

Volleyball

Miranda Fischer	Atlantic
Jill Johnson	Creston
Maria Krejci	Creston
Cheyenne Weis	Creston
T'Lee Ray	Creston
Ashley McGehee	Creston
Frances Myers	Creston
Cassie Abbott	Creston
Danielle Price	Creston
Sarah Jennett	Creston
Leah Hurt	Creston
Katie Aldrich	Clarinda
Laura Steinauer	Clarinda
Emma Sunderman	Clarinda
Kayla Krohnke	Denison
Whitney Reimers	Denison
Ashley Rogers	Denison
Danielle Stewart	Harlan
Mary Kaufmann	Harlan
Leah Miller	Harlan
Mariah Bakke	Kuemper
Hannah Garrett	Kuemper
Sara Hanners	Kuemper
Kendra Forristall	Lewis Central
Hayleigh Hansen	Lewis Central
Morgan Misfeldt	Lewis Central
Jami Mundt	Lewis Central
Lauren Fellers	Red Oak
Shelby Marsden	Red Oak
Kelsey Perdue	Red Oak
Shay Edie	Red Oak
Liz Cooper	Red Oak
Jami Redel	Red Oak
Kaely Piller	Red Oak
Kristin Comstock	Shenandoah
Leah McIntosh	Shenandoah
Kayla Adamson	Shenandoah