



Don't forget to eat your vegetables.

Red Oak Community School High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October 2018

1 MONDAY

Classic Cafe Cheesy Ham Melt, Golden French Fries

Diner Station Crispy Chicken Sandwich, Golden French Fries

2 TUESDAY

Classic Cafe Chicken Crispito, Golden French Fries

Diner Station Hamburger on a Bun, Golden French Fries

3 WEDNESDAY

Classic Cafe Ham, Egg & Cheese on English Muffin, Tator Tots

Diner Station Spicy Chicken Patty on Bun, Golden French Fries

4 THURSDAY

Classic Cafe Maxx Sticks, Golden French Fries

Diner Station Cheeseburger on Bun, Golden French Fries

5 FRIDAY

No School Conferences

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





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8

MONDAY

No School Conferences

11

THURSDAY

Classic Cafe Chicken Bacon Ranch Melt, Golden French Fries

Diner Station Mini Corn Dogs, Golden French Fries

9

TUESDAY

Classic Cafe Crispy Chicken Nuggets, Golden French Fries, Whole Grain Dinner Roll, Cranberry Pear Salad

Diner Station Corn Dog, Golden French Fries, Cranberry Pear Salad

12

FRIDAY

Classic Cafe Hamburger on a Bun, Golden French Fries

Diner Station Popcorn Chicken, Golden French Fries, Whole Grain Dinner Roll

10

WEDNESDAY

Classic Cafe Philly Flatbread, Firenze Corn Salad, Birthday Cake

Diner Station Cheeseburger on Bun, Golden French Fries

EXTRA INFO

Harvest of the Month



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15

MONDAY

Classic Cafe Crispy Chicken Sandwich, Golden French Fries

Diner Station BBQ Rib Sandwich, Golden French Fries

18

THURSDAY

Classic Cafe Chicken Crispito, Homemade Nacho Cheese Sauce

Diner Station Maxx Sticks, Golden French Fries

16

TUESDAY

Classic Cafe Breaded Pork Patty on Bun, Golden French Fries

Diner Station Mini Corn Dogs, Golden French Fries

19

FRIDAY

Classic Cafe Spicy Chicken Patty on Bun, Golden French Fries

Diner Station Corn Dog, Golden French Fries

17

WEDNESDAY

Classic Cafe Ham & Swiss on Bun, Golden French Fries

Diner Station Cheeseburger on Bun, Golden French Fries

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22

MONDAY

Classic Cafe Maxx Sticks, Golden French Fries

Diner Station Chicken Bacon Ranch Melt, Golden French Fries

25

THURSDAY

Classic Cafe Breaded Pork Patty on Bun, Golden French Fries

Diner Station Roasted Hot Dog on a Bun, Golden French Fries

23

TUESDAY

Classic Cafe Chicken Fajitas, Firenze Corn Salad

Diner Station Hamburger on a Bun, Golden French Fries

26

FRIDAY

Classic Cafe Crispy Chicken Sandwich, Golden French Fries, Chocolate Covered Pretzel

Diner Station Hot Ham & Cheese on Bun, Golden French Fries, Chocolate Covered Pretzel

24

WEDNESDAY

Classic Cafe Crispy Chicken Nuggets, Golden French Fries, French Bread

Diner Station Cheeseburger on Bun, Golden French Fries

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29

MONDAY

Classic Cafe Spicy Chicken Patty on Bun, Golden French Fries

Diner Station Mini Corn Dogs, Golden French Fries

1

THURSDAY

30

TUESDAY

Classic Cafe BBQ Rib Sandwich, Golden French Fries

Diner Station Cheeseburger on Bun, Golden French Fries

2

FRIDAY

31

WEDNESDAY

Classic Cafe Maxx Sticks, Golden French Fries, Chocolate Beet Cake

Diner Station Crispy Chicken Tenders, Golden French Fries, Whole Grain Dinner Roll, Chocolate Beet Cake

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