



Don't forget to eat your vegetables.

# Red Oak Community School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

April 2019

## MONDAY

April Fool's Day

1

Pancakes  
Strawberry Topping

Ham, Egg & Cheese on Biscuit

Chicken Caesar Wrap

Hard Cooked Egg with Seasoning or Dip  
Breakfast Potatoes

## TUESDAY

2

Crispy Chicken Tenders  
Whole Grain Dinner Roll

Tuna & Cheese Melt

PB&J Sandwich

Warm Cinnamon Apples

## WEDNESDAY

3

French Bread Pizza

BBQ Chicken Sandwich

Ham Munchable

Calico Bean Bake  
Birthday Cake

## THURSDAY

International Carrot Day

4

Walking Taco  
Lettuce, Tomato, Cheese

Philly Flatbread

Turkey Deli Sub Sandwich

Glazed Carrots

## FRIDAY

5

Classic Cheeseburger Basket

Corn Dog

Crispy Chicken Salad

Golden French Fries

8

Chicken Bacon Ranch Melt

BBQ Meatball Sub

WG Chips, Salsa & Cheese Cubes

Garden Salad

9

Homemade Salisbury Steak

Italian Stromboli

Turkey BLT Salad

Roasted Broccoli

10

Crispy Chicken Sandwich Basket

All American Burger

Chef Salad

Kettle Potato Chips

11

Beefy Nachos & Homemade Cheese Sauce

Chicken Crispito  
Homemade Nacho Cheese Sauce

Beef Taco Salad

Refried Beans

12

Grilled Cheese Day

Grilled Cheese Sandwich

Cheesy Italian Flatbread

Yogurt Pak with Bagel

HOM: Banana  
Chocolate Covered Banana

15

Noon Release

Crispy Chicken Nuggets  
Whole Grain Dinner Roll

Garlic & Herb Broccoli

HOM: Chives

16

Cheeseburger on Bun

Ham & Cheese on a Bagel

Egg & Chicken Salad Slider Combo

Warm Potato Salad with Mustard

17

Popcorn Chicken  
Whole Grain Dinner Roll

BBQ Rib Sandwich

Pretzel Bites w/Cheese Cubes

Mashed Potatoes  
Gravy  
Chocolate Chip Cookie

HOM: Celery

18

Roasted Hot Dog on a Bun

Buffalo Chicken Fajita Wrap

Chicken Caesar Salad

Black Beans

19

No School

22

No School

23

Crispy Chicken Sandwich

Cheeseburger on Bun

PB&J Sandwich

Caesar Salad

Pigs in a Blanket Day

24

Corn Dog

Roasted Hot Dog on a Bun

Turkey Munchable

Baked Beans

25

Meatballs and Gravy

BBQ Chicken Sandwich

Ham Deli Sandwich

Homemade Brownie

26

Cheese Pizza

Fish Sandwich with Cheese

Honey Mustard Ham Wrap

Roasted Broccoli

29

French Toast Sticks  
Hard Boiled Egg

Pasta with Meat Sauce  
French Bread

WG Chips, Salsa & Cheese Cubes

Kale Salad

30

Soft Beef Tacos  
Lettuce, Tomato, Cheese

Chicken Calzone

Ham Deli Sub Sandwich

1



## PRICES

Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll

For questions or comments, contact Mindy Riibe at 712-621-0042 or email riibem@roschools.org

