

Red Oak Community School District

1901 N. Broadway Street, Suite A Red Oak, Iowa 51566 712.623.6600

www.redoakschooldistrict.com

Regular Board of Directors Meeting

Meeting Location: Red Oak Inman Primary Red Oak Inman Primary School Campus Monday, April 8, 2019 – 7:00 pm

Public Hearing on the 2019-2020 School Calendar 7:00 p.m. - Agenda -

- 1.0 Call to Order Board of Directors President Mark Johnson
- 2.0 Roll Call Board of Directors Secretary Deb Drey
- 3.0 Approval of the Agenda President Mark Johnson
- 4.0 Public Presenters/Guest and Visitors Addressing the Board
- 5.0 Communications
 - 5.1 Good News from Red Oak Schools
 - 5.1.1 Good News from Red Oak High School Solo/Ensemble Festival Band held on March 30th, 2019 \ 2
 - 5.1.2 Good News from Red Oak High School Solo/Ensemble Festival Music held on March 30th, 2019 3 4
 - 5.2 Visitors and Presentations-
 - 5.2.1 Presentation from Taher director Mindy Riibe on Taher Board Bites for February and March 5-10
 - 5.3 Affirmations and Commendations
 - 5.4 Correspondence
 - 5.5 Public Comments
- 6.0 Consent Agenda
 - 6.1 Review and Approval of Minutes from March 25, 2019 and Minutes from Work Session on April 3, 2019 7 9
 - 6.2 Review and Approval of Monthly Business Reports #0 = 19
 - 6.3 Open Enrollment Requests Consideration
 - 6.3.1 Open Enrollment for Kindergartner Aubrey Bautista from Red Oak Community School District to Stanton Community School District for the 2019-2020 school year
 - 6.3.2 Open Enrollment for 2nd grader Sam Utecht from Red Oak Community School District to Stanton Community School District for the 2018-2019 school year due to a move on 3-1-2019
 - 6.3.3 Open Enrollment for 4th grader Elaina Utecht from Red Oak Community School District to Stanton Community School District for the 2018-2019 school year due to a move on 3-1-2019

- 6.3.4 Open Enrollment for 4th grader Matthew Utecht from Red Oak Community School District to Stanton Community School District for the 2018-2019 school year due to a move on 3-1-2019
- 6.3.5 Open Enrollment for 9th grader Amanda Benson from Red Oak Community School District to Stanton Community School District for the 2018-2019 school year due to a move on 2-28-2019
- 6.3.6 Open Enrollment for 6th grader Adam Benson from Red Oak Community School District to Stanton Community School District for the 2018-2019 school year due to a move on 2-28-2019
- 6.3.7 Open Enrollment for 5th grader Kenadee Beacham from Red Oak Community School District to CAM Community School District for the 2019-2020 school year

7.0 General Business for the Board of Directors

7.1 Old Business

7.1.1(Probable closed session per section 21.5(1)(a) of Code to discuss student records required or authorized by state or federal law to be kept confidential) Open Enrollment for 4th grader Thomas Knipe Jr. from Griswold Community School District to Red Oak Community School District for the 2019-2020 school year

7.2 New Business

- 7.2.1 Discussion/Approval of the 2019-2020 school calendar-Mark Haufle and Leanne Fluckey
- 7.2.2 Discussion/Approval to seek partner to rent space at Washington Intermediate School (four rooms) to run community child care center for 2019-2020 school year
- 7.2.3 Discussion/Approval of financial commitments for improvements at Washington Intermediate School
- 7.2.4 Discussion/Approval of Red Oak Jr.-Sr. after prom to travel to "The Mark" in Elkhorn Nebraska on April 13th, 2019 from 11:30 p.m. and returning to Red Oak at 5:30 a.m. on April 14th, 2019
- 7.2.5 Discussion/Approval of Red Oak Kindergarten and Second Grade classes to travel on a field trip to Omaha Henry Doorly Zoo on Friday May 24, 2019
- 7.2.6 Discussion/Approval of Red Oak First Grade and Third Grade classes to travel on a field trip to Omaha Henry Doorly Zoo on Tuesday May 28, 2019
- 7.2.7 Discussion/Approval of Blue Cross/Blue Shield health Insurance renewal rates for FY 2020 20
- 7.2.8 Discussion/Approval of the first Reading for amended Wellness Policy 508.10 for changes and updates. 2|-33
- 7.2.9 Discussion/Approval on contract with Red Oak Schools and Rite of
 Passage-Uta Halee Academy Day School for the 2018-2019 school year
 Personnel Considerations
 - 7.2.10 Discussion/Approval of hiring Carlos Guerra as Substitute Bus Driver for the 2018-2019 school year

8.0 Reports

8.1 Administrative

8.2 Future Conferences, Workshops, Seminars

8.3 Other Announcements

9.0 Next Board of Directors Meeting:

Monday, April 22, 2019 – 7:00 pm

Red Oak Inman Primary

Red Oak CSD Inman Primary Campus

10.0 Adjournment

Special Note: Following the adjournment of the regular board of directors meeting, the board will meet in an exempt session to discuss negotiations strategy for upcoming contract discussions with our support and teacher units per Iowa Code section 20.17(3).

Good News

Tammi VanMeter

From:

Taylor Matuszeski

Sent:

Monday, April 1, 2019 11:59 AM

To:

Nathan Perrien; Tom Messinger; Tiegen Podliska; Mark Erickson; AllStaff

Subject:

Solo/Ensemble Festival Results 3/30/19

This past Saturday, 25 students from the high school band performed either a solo with piano accompaniment or a small ensemble piece. Many of these same students performed vocal solos or ensemble pieces with Mr. Marsden also.

Each instrumental performance is judged by the following criteria:

- -Tone Quality
- -Intonation
- -Rhythm
- -Technique
- -Interpretation & Musicianship
- -Articulation
- -"Other Performance Factors"

Based on the points received in each category the student is rewarded one of the following ratings:

Division I (Superior)

Division II (Excellent)

Division III (Good)

Division IV (Fair)

Division V (Poor)

Student Results:

Student	Performance	Result	Extra
Aedynn Graham	Flute Solo	Division II Excellent	
Madison Bruce	Alto Solo	Division II Excellent	
Kara Sego	Baritone Saxophone	Division II Excellent	
Kadee Gass/Araina Brummett	Clarinet/Flute Duet	Division II Excellent	
Mirissa Deitering	Flute Solo	Division II Excellent	1 point from Division !!!
Luke Sperling/Isaac Hidalgo	Euphonium Duet	Division II Excellent	
Brianna Clemons	French Horn Solo	Division II Excellent	
Garrett Hurt	Trombone Solo	Division II Excellent	
Erica Walker	Marimba Solo	Division I Superior	
Tyler Strunk	Snare Solo	Division I Superior	
Avery Graham	Snare Solo	Division I Superior	1 point from perfect score!
Grayson Hewett	Trombone Solo	Division I Superior	
Connor Koppa	Trumpet Solo	Division I Superior	
Aidan Eubank	Bassoon Solo	Division I Superior	1 point from perfect score!
Brandon VanHoose/ Brandon Higgins	Alto/Tenor Duet	Division I Superior	2 points from perfect score!
Madision Hewett	French Horn Solo	Division I Superior	
Mitchell Johnson	Trombone Solo	Division I Superior	

Trinity LaMar, Avery Graham, Mason Perkins, Aidan Dean	Percussion Quartet	Division I Superior	
Camryn Bass	Alto Saxophone	Division I Superior	
Alex Wingert	Tuba Solo	Division I Superior	Perfect Score & Best of
			Center!

Out of 43 performers (All Brass & Percussion in the 2A Class), Alex Wingert received the Outstanding Performer Award and has been invited by the lowa High School Music Association to the State Showcase in Ames, IA. He has received this honor for the 2nd year in a row now!

Each of these fine young men & women represented their community and themselves impeccably. Everyone made monumental improvements from Thursday's showcase at the Wilson in just two days and it showed clearly in their performances/results. This is the most difficult setting to perform in and the most crucial to their musical development. I could not be prouder of their willingness to challenge themselves and their diligence to goal set and accomplish all that they have.

***A VERY special thank you to Mrs. Linnea Wemhoff for learning all this music within a month and accompanying everyone on her Saturday. We could not have done it without you!

Taylor J. Matuszeski Red Oak High School Director of Bands





Good News

Tammi VanMeter

From:

Tim Marsden

Sent:

Monday, April 1, 2019 1:37 PM

To:

Taylor Matuszeski; Nathan Perrien; Tom Messinger; Tiegen Podliska; Mark Erickson;

AllStaff

Subject:

Re: Solo/Ensemble Festival Results 3/30/19

I'm going to piggyback off of Mr. Matuszeski. 😊

On the Vocal side we had 42 students involved in 22 entries for **Solo/Ensemble District Music Contests** and received:

14- I- Superior Ratings

<u>7</u>- II-Excellent Ratings and

1- III-Good Rating

(And we actually had 2 students that received perfect scores on their solo entries.)

All of our students conducted themselves with class, artistry, and pride. They represented Red Oak High School in a most impressive way! I was so proud of our students and their place in our rich tradition of music education in the Red Oak Schools!

Students involved in vocal solos/ensembles were:

Camryn Bass- Mixed Ensemble

Hannah Bass- Women's Ensemble

Claire Bennett- Women's Ensemble, Chamber Choir

Lani Brandon- Women's Ensemble

Madison Bruce-Solo, Duet, Women's Ensemble, Mixed Ensemble, Chamber Choir

Araina Brummett- Duet, Women's Ensemble

Noah Brummett- Men's Ensemble, Mixed Ensemble, Chamber Choir

Caitlyn Butz- Solo, Mixed Ensemble, Chamber Choir

Brianna Clemons- Chamber Choir

Mirissa Deitering- Women's Ensemble

Kate Edie- Solo, Women's Ensemble, Mixed Ensemble

Nathaniel Ernst- Duet, Men's Ensemble, Chamber Choir

Aidan Eubank- Solo, Men's Ensemble, Mixed Ensemble, Chamber Choir

Kadee Gass- Women's Ensemble, Chamber Choir

Aedynn Graham- Women's Ensemble

Avery Graham- Men's Ensemble, Chamber Choir

Grayson Hewett- Men's Ensemble, Mixed Ensemble, Chamber Choir

Madison Hewett- Solo, Women's Ensemble, Chamber Choir

Isaac Hidalgo- Men's Ensemble, Mixed Ensemble, Chamber Choir

Ethan Horn- Solo, Men's Ensemble, Mixed Ensemble, Chamber Choir

Garrett Hurt- Men's Ensemble, Chamber Choir

Lillian Johnson- Duet, Chamber Choir

Jenna Klyn- Duet, Women's Ensemble, Chamber Choir

Connor Koppa- Solo, Men's Ensemble, Mixed Ensemble, Chamber Choir

Trinity LaMar- Women's Ensemble

Courtni Lindsay- Mixed Ensemble, Women's Ensemble, Chamber Choir

Mason Perkins- Men's Ensemble, Mixed Ensemble, Chamber Choir

Emily Peterson-Solo

Hunter Portales- Men's Ensemble

Alissa Rice- Women's Ensemble, Chamber Choir

Casper Richardson- Solo, Men's Ensemble, Mixed Ensemble, Chamber Choir

Rhenn Rolenc- Women's Ensemble, Mixed Ensemble, Chamber Choir

Xavier Ross- Chamber Choir

Gannon Sallach- Mixed Ensemble

Kara Sego- Women's Ensemble

Eva Sherman- Solo, Duet, Mixed Ensemble, Chamber Choir

Andrew Shipley-Men's Ensemble, Mixed Ensemble, Chamber Choir

Mya Southwell- Solo, Duet, Chamber Choir

Anna Vandrey- Mixed Ensemble

Brandon VanHoose- Men's Ensemble, Chamber Choir

Erica Walker- Duet, Women's Ensemble, Chamber Choir

Savanna Westover- Women's Ensemble

It was a great day! Tim Marsden





Board Bites

A Monthly Food Service Report

February 2019

Program Updates

- 2018/19
 - ➤ National Hot Breakfast Month
 - > American Heart Month
 - > National Wear Red Day 2-1
- Catering
 - **Board Meetings**
- **Promotions**
 - Valentine's Day 2-14
 - Chef Visit 2-20 at IPS
 - National Muffin Day 2-20
 - National Chili and Tortilla Chip Day 2-25
- HOM

 - Papaya
 - Cilantro













- **Peppers**

Taher Food Service can provide your catering needs!





Board Meetings; Happy 49th Birthday Tom Messenger



Board Bites

March 2019

Program Updates

✓ 2018/19

- > National Nutrition Month
- ➤ National Breakfast Week 3/4-3/8
- ➤ Chicken Noodle Soup Day 3-13
- ➢ Pi Day 3.14
- ➤ National Irish Food Day 3-15

✓ Promotions

- Dr. Suess' Birthday 3-2
- Dippin Donuts
- Let's Be Frank
- Chef Visit at MS 3-27
- HS Celebration with Ice Cream Social

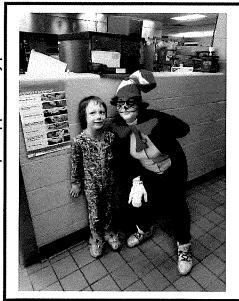
✓ HOM

- Strawberry
- Mint
- Spinach

✓ Catering

Board Meeting





Taher Food Service can provide your catering needs!







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Always a fun day when the Cat in The Hat comes to Play!!

Red Oak Community School District Meeting of the Board of Directors Meeting Location: Red Oak Inman Primary Media Center Red Oak Inman Primary Campus March 25, 2019

The Public Hearing on the 2019-2020 Budget was opened by President Mark Johnson at 7:00 p.m. There were no public or written comments. The hearing was closed at 7:02 p.m. The regular meeting of the Board of Directors of the Red Oak Community School District was called to order by President Mark Johnson at 7:02 p.m. at the Red Oak Inman Primary Media Center.

Present

Directors: Bret Blackman by phone until 7:37 p.m. due to travel from work, Roger Carlson, Mark Johnson, Kathy Walker

Superintendent Tom Messinger, Business Manager Deb Drey

Approval of Agenda

Motion by Director Carlson, second by Director Walker to approve the agenda with the order of agenda items at the discretion of the meeting chair excluding item 6.3.2 Open Enrollment. Motion carried unanimously.

Good News from Red Oak Schools

Fifteen high school students participated in 20 individual speech contest events. Ten received straight ones, four mixed ones, three mixed twos, and three straight twos.

Consent Agenda

Motion by Director Walker, second by Director Carlson to approve the consent agenda with the exception of item 6.3.2 Open Enrollment. Motion carried unanimously.

2019-2020 Budget

Motion by Director Carlson, second by Director Walker to approve the 2019-2020 Budget as presented. Motion carried unanimously.

2019-2020 Budget Adjustment Resolution

Motion by Director Carlson, second by Director Walker to approve the 2019-2020 Budget Adjustment Resolution in the amount of \$87,544. Motion carried unanimously.

2019-2020 High School Course Description Handbook Amendment

Motion by Director Walker, second by Director Walker to approve the amendment to the 2019-2020 High School Course Description Handbook as presented. Motion carried unanimously.

Washington Intermediate Pre-Planning Review

Motion by Director Carlson, second by Director Walker to approve Ally Poyner Macchietto to seek a pre-planning review from the state fire marshal for work to be done at Washington Intermediate School. Motion carried unanimously.

Washington Intermediate HVAC Improvements and Bids

These items will be put on the next agenda after a work session scheduled for April 3, 2019, at 7:00 p.m. in the Inman Primary School Media Center.

Community Child Care Partnership

This item will be placed on the next agenda.

Continuation of March 25, 2019 Meeting Minutes-Page 2

Personnel Considerations

Motion by Director Walker, second by Director Blackman to approve the resignation of Patricia Fellers at the end of the 2018-2019 school year. Motion carried unanimously.

Adjournment

Motion by Director Blackman, second by Director Walker to adjourn the meeting at 7:41 p.m. Motion carried unanimously.

Board Work Sessions

Wednesday, April 3, 2019 – 7:00 p.m.
Red Oak Inman Primary Media Center
Red Oak CSD Inman Primary Campus

Monday, April 8, 2019 – 7:00 p.m.
Red Oak Inman Primary Media Center
Red Oak Inman Primary Media Center
Red Oak CSD Inman Primary Campus

Mark Johnson, President

Deb Drey, Board Secretary

Red Oak Community School District Board of Directors Work Session Wednesday, April 3, 2019

President Mark Johnson opened the Board of Directors Work Session at 7:05 p.m.

Present: Bret Blackman, Roger Carlson, Bryce Johnson, Mark Johnson, Kathy Walker, Tom Messinger, Deb Drey

Daric O'Neal and Mark Pfister presented information on improvements/remodel of Washington Intermediate School. Several project options were detailed. Possible time lines were offered. Board members took the opportunity to ask questions and get clarification. O'Neal requested a budget amount and the classroom usage for next year be determined then a plan will be created.

Tom Messinger will work on creating the rental agreement for daycare and determining the requested information from those groups wishing to partner with the district. Information will be put in the Red Oak Express on 4/9/19 regarding the partnership. Presentations by interested parties will be at the 4/22/19 Board Meeting.

President Johnson closed the work session at 8:58 p.m.

Red	Oak	Comm	nunity	School	District
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RED OAK BOARD REPORT

Page: 1 User ID: HARRISH

04/05/2019 11:00 AM			,
Vendor Name	Invoice	Amount	
Account Number	Number		3
	Detail Description		Amount
Checking Account ID 1 BARR TIRE & SERVICE CENTER	Fund Number 10 253213	OPERATING	FUND
10 0010 2700 217 3303 434		114.32	114.32
10 0010 2700 217 3303 434	Bus #27 Tires, Mount, Balance		114.32
Vendor Name BARR TIRE & SERVICE	E CENTER		114.32
BATTEN SANITATION SERVICE	032919BSS	3,765.00	
10 0010 2600 000 0000 421	Districtwide Sanitation		3,765.00
Vendor Name BATTEN SANITATION S	Services		
Vendor Name DATIEN SANITATION	DEKATCE.		3,765.00
CAPITAL SANITARY SUPPLY CO.	34697	1 00	
10 0010 2600 000 0000 618	Hand Towel/Toilet Paper	1.00	1.00
20 0020 2000 000 0000 010	Dispensers		1.00
CAPITAL SANITARY SUPPLY CO.	34938	0.20	
10 0010 2600 000 0000 618	Hand Towel/Toilet Paper		0.20
CADIMAL CANTERDY CYDDYY CO	Dispensers		
CAPITAL SANITARY SUPPLY CO. 10 0010 2600 000 0000 618	35131 Assorted Trash Bags, Toilet	1,970.91	1 070 01
10 0010 2000 000 0000 018	Paper, Soap	-	1,970.91
Vendor Name CAPITAL SANITARY SU	JPPLY CO.	Mary	1,972.11
CASEY'S	040119CGS	36.20	
10 0020 2700 000 0000 626	Fuel for HS Travel		36.20
Vendor Name CASEY'S			36.20
CDW GOVERNMENT, INC.	5216	125.80	
10 0010 2235 000 0000 618	TRIPP HDMI TO VGA ADAPTER W	1/	125.80
Vendor Name CDW GOVERNMENT, INC	AUDIO		125.80
Vender Name ODN GOVERNMENT, INC	·•		125.60
CENTURY LINK	032519CL	489.23	
10 0010 2410 000 0000 532	Districtwide Long Distance	409.23	489.23
	Services		400.23
Vendor Name CENTURY LINK			489.23
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10 0418 2410 000 0000 532	Sam Phones (1)		17.60
10 0418 2410 000 0000 532	IPS Principal Phone (1/2)		8.80
10 0010 2510 000 0000 532	SBO Phone (1)		17.60
10 0445 2410 000 0000 532 10 0209 2410 000 0000 532	WIS Principal Phone (1/2) MS Principal Phone (1/2)		8.80
10 0109 2410 000 0000 532	HS Principal Phone (1/2)		8.80
10 0109 2410 000 0000 532	Music Phone (1)		8.80 17.54
10 0010 2490 000 0000 532	Maintenance Phones (2)		35.20
10 0010 2490 000 0000 532	Technology Phones (2)		35.20
10 0020 2490 000 0000 530	Bus Barn Phones (2)		35.20
10 0020 2490 000 0000 530	Nurse Phones (1)		17.60
Vendor Name CHAT MOBILITY			228.74
CITY OF RED OAK	040119CORO	1,164.41	
10 0010 2600 000 0000 411	Districtwide Water/Sewer		1,164.41
Vendor Name CITY OF RED OAK			1,164.41

Red Oak	Community	School	District

MERCER HEALTH & BENEFITS ADMIN LLC

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04/05/2019 11:00 AM	NED OAK BOAKS KEI OKT				
Vendor Name	Invoice Number	Amount			
Account Number	Detail Description		Amount		
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DETER, BOB	040119BD	133.80			
10 0010 2235 000 0000 580	Mileage Reimbursement for Jan, Feb, Mar		133.80		
Vendor Name DETER, BOB			133.80		
DHS CASHIER 1ST FLOOR	10121431	11,312.09			
10 0010 4634 219 4634	3/2019 Medicaid Providers Share	***************************************	11,312.09		
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JOSTENS	22716692	28.80			
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3,916.31

Red Oak Community School District 04/05/2019 11:00 AM

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Vendor Name	Amount 3,916.31 3,916.31 321.61 867.64 3,566.68 10.00
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	3,227.10
10 0445 2600 000 0000 622 WIS Electricity 3/2019	1,093.24
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MITTAG, TESSA 040119TM 78.48	
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Vendor Name MITTAG, TESSA	78.48
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O'KEEFE ELEVATOR COMPANY 00487574 369.90	
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OREILLY AUTO PARTS 480044 35.98	
10 0020 2700 000 0000 618 Wiper Blades for Bus	35.98
OREILLY AUTO PARTS 480649 5.56	
10 0020 2700 000 0000 618 Light Bulb for Dodge	5.56
OREILLY AUTO PARTS 481397 3.29	
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PAT LEWIS TRUCKING LLC 040119PLT 600.00	
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Vendor Name PAT LEWIS TRUCKING LLC	600.00
PEPPER & SON, INC. 11E58938 159.96	
10 0445 1000 100 8002 618 Music Curriculum	159.96
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PRECISION DIESEL INC. 63997 1,079.57	
	1,079.57



RED OAK BOARD REPORT

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Vendor Name Invoice Amount Number Account Number Detail Description Amount Vendor Name PRECISION DIESEL INC. 1,079.57 QUILL CORP. 5859028 201.01 10.0010 2321 000 0000 611 Admin Office Supplies (Note 196.22 Pads) 10 0209 1000 100 0000 611 MS Office Supplies (Stamp) 4.79 QUILL CORP. 5892840 16.18 10 0010 2321 000 0000 611 Admin Office Pencils 16.18 QUILL CORP. 6106912 59.44 10 0445 1000 100 0000 611 3x5 Index Cards 10.00 10 0445 1000 100 0000 611 Expo- Black 7.49 10 0445 1000 100 0000 611 Expo - Blue 7.49 10 0445 1000 100 0000 611 EXPO- Red 7.49 10 0445 1000 100 0000 611 EXPO- Green 7.49 10 0445 1000 100 0000 611 4X6 INDEX CARDS 13.00 10 0445 1000 100 0000 611 FINE POINT EXPO 6.48 QUILL CORP. 6126009 12.90 5X8 INDEX CARDS 10 0445 1000 100 0000 611 12.90 Vendor Name QUILL CORP. 289.53 RANDY'S BODY SHOP 6842 174.48 10 0020 2700 000 0000 434 Chevy Ignition/Distributor 174.48 Vendor Name RANDY'S BODY SHOP 174.48 RAY MARTIN COMPANY 7787 2,159.65 10 0109 2600 000 0000 432 IPS Glycol Loop Air Handlers 2,159.65 Vendor Name RAY MARTIN COMPANY 2,159.65 REALLY GREAT READING COMPANY LLC 19178 190.00 10 0418 1200 211 3301 612 1-YEAR BLAST SUBSCRIPTION 95.00 (FOR : JEN WIL 10 0418 1200 211 3301 612 1-YEAR BLAST SUBSCRIPTION 95.00 (FOR: SHARON A Vendor Name REALLY GREAT READING COMPANY 190.00 LLC RED OAK CHRYSLER, INC. 32519ROCI 96.90 10 0010 2700 217 3303 434 Sped #18 Oil Change 96.90 w/Inspection RED OAK CHRYSLER, INC. 32519ROCI-1 36.95 10 0010 2700 217 3303 434 Sped #19 Oil Change 36.95 Vendor Name RED OAK CHRYSLER, INC. 133.85 RED OAK COMM SCH ACTIVITY FUND 20427458 92.24 10 0010 1415 100 0000 Dup Payment (Dep in 92.24 Activity) Vendor Name RED OAK COMM SCH ACTIVITY FUND 92.24 RED OAK GRAND THEATER 432 73.00 10 0209 1000 421 3227 618 SCHOOL BEYOND SCHOOL KIDS TO 73.00 BUMBLEBEE Vendor Name RED OAK GRAND THEATER RED OAK HARDWARE HANK 033319МЈНН 58.46 10 0209 2600 000 0000 618 MS Flooding Supplies 58.46

Red Oak Community School District	
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10 0020 2700 000 0000 618

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04/05/2019 11:00 AM Vendor Name Invoice Amount Number Account Number Detail Description Amount RED OAK HARDWARE HANK 033319MJHH-1 142.17 10 0209 2600 000 0000 618 MS Flooding Supplies/Sump 142.17 Vendor Name RED OAK HARDWARE HANK 200.63 RED OAK LANES 032819ROL 91.00 10 0209 1000 421 3227 618 SCHOOL BEYOND SCHOOL KIDS 91.00 BOWLING Vendor Name RED OAK LANES March2019 RICK ENGEL, ATTY. 475.00 10 0010 2310 000 0000 320 March 2019 Legal Services 475.00 Vendor Name RICK ENGEL, ATTY. 475.00 RITE OF PASSAGE, INC. 040319ROP 2,399.70 10 0010 1200 217 3303 320 Level 3 Assistance Program x 2,399.70 Vendor Name RITE OF PASSAGE, INC. 2,399.70 RIVERSIDE TECHNOLOGIES, INC 0245746-IN 1,000.00 10 0010 2235 000 0000 350 Managed Services 4/2019 1,000.00 Vendor Name RIVERSIDE TECHNOLOGIES, INC 1,000.00 ROSE, THE 040519Rose 425.00 10 0445 1000 100 8002 618 Tickets for Doll Makers Gift 425.00 Vendor Name ROSE, THE 425.00 SAN DIEGO STATE UNIVERSITY 4,200.00 205213 10 0010 1000 100 3373 320 Professional Ed Math 4,200.00 Services Vendor Name SAN DIEGO STATE UNIVERSITY 4,200.00 SCHILDBERG CONSTRUCTION CO. 252.60 67652 10 0109 2600 000 0000 618 HS - Rock for Driveway 252.60 Vendor Name SCHILDBERG CONSTRUCTION CO. 252.60 SCHMITT MUSIC 2668434 29.00 10 0209 1000 110 0000 612 HENRY HELLER FASHION COTTON 17.99 GUITAR STRAP 10 0209 1000 110 0000 612 ON-STAGE CLASSIC GUITAR 11.01 STAND, XCG-4 FOR SCHMITT MUSIC 875991 122.00 10 0209 2600 910 6220 433 REPAIR MIDDLE SCHOOL BAND 82.00 INSTRUMENT, BA 10 0209 1920 100 8202 612 REPAIR MIDDLE SCHOOL BAND 40.00 INSTRUMENT, BA Vendor Name SCHMITT MUSIC 151.00 SCHOOL ADMINISTRATORS OF IOWA 110.00 200005209 10 0418 1000 100 0000 320 Productive Professional 110.00 Learning Vendor Name SCHOOL ADMINISTRATORS OF IOWA 110.00 SCHOOL BUS SALES IN79164 275.03

Bus Supplies (Heater



275.03

Red Oak Community School District 04/05/2019 11:00 AM	RED OAK BOARD R	EPORT	
Vendor Name	Invoice Number	Amount	
Account Number	Detail Description		Amount
	Filters, Latches)		
SCHOOL BUS SALES	IN79820	24.48	
10 0020 2700 000 0000 618	Supplies for Buses (Heater Filter)		24.48
SCHOOL BUS SALES	IN79919	983.07	
10 0020 2700 000 0000 618	Rousch Line		983.07
SCHOOL BUS SALES	IN80007	422.87	
10 0020 2700 000 0000 618	Strip Treads for Buses		422.87
Vendor Name SCHOOL BUS SALES			1,705.45
SELLERS PEST CONTROL-ART SELLERS		110.00	110 00
10 0010 2600 000 0000 425 Vendor Name SELLERS PEST CONTRO	Districtwide Pest Control		110.00
SELLERS SELLERS	OT UVI		110.00
SINDT, BRITTAN	040119BS	38.89	
10 0418 1000 100 8001 612	REIMBURSEMENT FOR CLASSROOM SUPPLIES	00.03	38.89
Vendor Name SINDT, BRITTAN			38.89
SOCS/FES	INV010230	405.00	
10 0010 2236 000 0000 536	April 2019 Webpage Hosting	100.00	405.00
Vendor Name SOCS/FES	<u> </u>		405.00
SOUTHWEST IOWA MOBILE TRUCK AND TRAILER REPAIR	10023	386.39	
10 0020 2700 000 0000 434	Bus #7 Power Steering Repair	•	386.39
SOUTHWEST IOWA MOBILE TRUCK AND TRAILER REPAIR	10024	255.00	
10 0020 2700 000 0000 434	Bus #2 Heater Repair		255.00
SOUTHWEST IOWA MOBILE TRUCK AND TRAILER REPAIR	10025	303.78	
10 0010 2700 217 3303 434	Bus #10 Heater/Motor Repair		303.78
SOUTHWEST IOWA MOBILE TRUCK AND TRAILER REPAIR	10026	277.50	
10 0020 2700 000 0000 434	Bus #7 Power Steering/Door Repair		277.50
SOUTHWEST IOWA MOBILE TRUCK AND TRAILER REPAIR	10027	763.50	
10 0020 2700 000 0000 434	Bus #2 Brake/Power Steering/Heater Repai		763.50
Vendor Name SOUTHWEST IOWA MOB TRAILER REPAIR	ILE TRUCK AND		1,986.17
STERLING COMPUTERS	52124	,500.00	
10 0010 2235 000 0000 618	Lenovo Chargers Slim Tip		1,500.00
Vendor Name STERLING COMPUTERS		***************************************	1,500.00
STREETSMARTS LLC	031419SS	740.00	
•	Driver's Ed x 2		740.00
Vendor Name STREETSMARTS LLC			740.00
WESTLAKE ACE HARDWARE	032219WAH	170.58	
10 0010 2310 000 0000 611	Humidifier Treatment		6.99
10.0010.0000.000	Solution - Admin		
10 0010 2600 000 0000 610			

Maintenance Clamp

Admin Office Sink Repair Supplies

10 0010 2600 000 0000 618

10 0010 2600 000 0000 618



8.59

6.49

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04/05/2019 11:00 AM		
Vendor Name	Invoice Number	Amount
Account Number	Detail Description	Amount
10 0010 2600 000 0000 618	Field House Light Bulbs	31.98
10 0020 2700 000 0000 618	Fasteners for Buses	5.65
10 0020 2700 000 0000 618	Fasteners for Buses	6.80
10 0109 2600 000 0000 618	HS Shop Faucet Repair Supplies	11.99
10 0445 2600 000 0000 618	Batteries for Soap Dispensers	22.49
10 0418 2600 000 0000 618	IPS Carpet Repair Supplies	22.16
0 0418 2600 000 0000 618	Batteries for Soap Dispensers	22.48
0 0418 2600 000 0000 618	IPS Carpet Repair Supplies	15.98
10 0209 2600 000 0000 618	MS Plumbing Repair Supplies	1.39
10 0209 2600 000 0000 618 Vendor Name WESTLAKE ACE HAR	MS Pest Control Supplies DWARE	7.59 170.58
VILSON PERFORMING ARTS CENTER	160	27.66
10 0109 1000 100 0000 359	HS Printing Services 3/2019	27.66
Vendor Name WILSON PERFORMING	G ARTS CENTER	27.66
Fund Number 10		96,338.31
Checking Account ID 1		CAPITAL PROJECTS - LOST
3 0010 4700 000 8218 450	April 2019 Admin Office Ren	·
endor Name ANDERSON, MICKEY		1,200.00
3 0010 4700 000 8218 450 endor Name WILSON PERFORMING	April Rent 2019 G ARTS CENTER	2,500.00
MCA-MONTGOMERY COUNTY	04019YMCA	1,500.00
33 0010 4700 000 8218 450	April 2019 Rent	1,500.00
Vendor Name YMCA-MONTGOMERY	-	1,500.00
und Number 33		5,200.00
Checking Account ID 1	Fund Number 62 E 54560-IN1	SEFORE/AFTER SCHOOL PROGRA
2 0418 3300 840 0000 618	Before/After School Program Snacks	157.41
endor Name TAHER INC		157.41
und Number 62		157.41
hecking Account ID 1		101,695.72
hecking Account ID 2 ED OAK COMMUNITY SCHOOL DIST	Fund Number 61 S	CHOOL NUTRITION FUND
1 0010 3110 000 0000 618	Background Checks (transfer to Gen Fund)	116.75
endor Name RED OAK COMMUNITY	SCHOOL DIST	116.75
AHER INC	54560-IN 4	0,252.83
1 0010 3110 000 4557 631	FFVP Program 2/2019	2,303.38
1 0010 3110 000 0000 570	Expenses for 2/2019	37,949.45
endor Name TAHER INC		40,252.83
und Number 61		40,369.58



21 0010 1400 920 6845 618

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04/05/2019 11:00 AM Vendor Name Invoice Amount Number Account Number Detail Description Amount Checking Account ID 2 40,369.58 Checking Account ID 3 Fund Number 21 STUDENT ACTIVITY FUND AMERICAN HEART ASSOCIATION 71672 230.00 21 0109 1400 950 7421 618 T-Shirts for Red Out . 230,00 Vendor Name AMERICAN HEART ASSOCIATION 230.00 BLACKMAN, KEN 040119KB 639.26 21 0010 1400 920 6600 580 AD Travel Reimbursement 639.26 639.26 Vendor Name BLACKMAN, KEN CLARINDA COMMUNITY SCHOOLS 040119CCSD 90.00 21 0010 1400 920 6840 340 GIRLS TRACK ENTRY 90.00 Vendor Name CLARINDA COMMUNITY SCHOOLS 90.00 100.00 GLENWOOD HIGH SCHOOL 040119GCSD 21 0010 1400 920 6740 320 B/TRACK ENTRY 100.00 Vendor Name GLENWOOD HIGH SCHOOL 100.00 GRAPHIC EDGE, THE 1312835 534.70 21 0010 1400 920 6835 618 SOFTBALL PANTS & BELTS 534.70 Vendor Name GRAPHIC EDGE, THE 534.70 HOWARD'S SPORTING GOODS 07821-00 319.38 21 0010 1400 920 6740 618 SP TOE BOARD 319.38 HOWARD'S SPORTING GOODS 07834-00 953.80 21 0010 1400 920 6840 618 TRACK MEDALS 953.80 HOWARD'S SPORTING GOODS 07851-00 264.10 21 0010 1400 920 6740 618 MS BOYS RIBBONS 264.10 HOWARD'S SPORTING GOODS 07852-00 264.10 21 0010 1400 920 6840 618 MS GIRLS RIBBONS 264.10 HOWARD'S SPORTING GOODS 07943-00 18.75 21 0010 1400 920 6845 618 ENGRAVING TROPHY 18.75 HOWARD'S SPORTING GOODS 07947-00 4,736.89 21 0109 1400 920 6725 618 SOCCER EQUOP/UNIFORMS 4,736.89 HOWARD'S SPORTING GOODS 07948-00 1,864.00 21 0109 1400 920 6725 618 SOCCER EQUOP/UNIFORMS 1,864.00 HOWARD'S SPORTING GOODS 130.00 07952-00 21 0010 1400 920 6740 618 SPIKES 130.00 HOWARD'S SPORTING GOODS 07954-00 84.50 21 0010 1400 920 6660 618 PRACTICE BALLS 84.50 HOWARD'S SPORTING GOODS 07958-00 3,628.00 21 0010 1400 920 6730 618 PITCHING MACHINE 3,628.00 HOWARD'S SPORTING GOODS 08018-00 8.00 21 0010 1400 920 6740 618 TRACK SCORING SHEETS 8.00 HOWARD'S SPORTING GOODS 08040-00 40.80 21 0010 1400 920 6660 618 GOLF MEDALS 40.80 12,312.32 Vendor Name HOWARD'S SPORTING GOODS IA HIGH SCHOOL SPEECH ASSOC. R031919 231.00 21 0109 1400 910 6110 618 HS STATE SPEECH COMPETITION 231.00 Vendor Name IA HIGH SCHOOL SPEECH ASSOC. 231.00 40119IHSAA 88.60 IOWA HIGH SCHOOL ATHLETIC ASSO

State Bowling Awards 18-19



88.60

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Vendor Name	Invoice Number	Amount	
Account Number	Detail Description		Amount
Vendor Name IOWA HIGH SCHOOL	ATHLETIC ASSO		88.60
IOWA HIGH SCHOOL MUSIC ASSOC	1826	95.00	
21 0109 1400 910 6210 618	Large Group Vocal Festival		95.00
IOWA HIGH SCHOOL MUSIC ASSOC	1962	120.00	
21 0109 1400 910 6220 618	Large Group Band Festival		120.00
Vendor Name IOWA HIGH SCHOOL	Registration		215 00
vendor Name Town High School	MUSIC ASSOC		215.00
JOSTENS	2746658	111.80	
21 0010 1400 920 6600 618	Gold Service Bars	111.00	111.80
Vendor Name JOSTENS	dola belvice ball		111.80
KATY'S CATERING	2262	2,200.00	
21 0109 1400 950 7407 320	FFA Banquet Food	2,200.00	2,200.00
Vendor Name KATY'S CATERING	•		2,200.00
			,
LEWIS CENTRAL ACTIVITIES	040119LCCSD	80.00	
21 0010 1400 920 6660 320	GOLF ENTRY FEE		80.00
Vendor Name LEWIS CENTRAL ACT	IVITIES		80.00
•			
MIDWEST TENNIS AND TRACK CO	4179	150.00	
21 0010 1400 920 6600 618	Black Patch Kit		150.00
Vendor Name MIDWEST TENNIS AN	D TRACK CO		150.00
NATIONAL FFA ORGANIZATION	1447901	36.00	
21 0109 1400 950 7407 618	Award App Folders		36.00
NATIONAL FFA ORGANIZATION	1449148	6.00	
21 0109 1400 950 7407 618	FFA Supplies for Banquet		6.00
NATIONAL FFA ORGANIZATION	1451326	43.50	
21 0109 1400 950 7407 618	FFA Scrapbook	40 50	43.50
NATIONAL FFA ORGANIZATION 21 0109 1400 950 7407 618	1453056 FFA Scrapbook	43.50	42 E0
NATIONAL FFA ORGANIZATION	1453554	505.60	43.50
21 0109 1400 950 7407 618		300.00	505.60
Vendor Name NATIONAL FFA ORGA			634.60
PERRIEN, NATE	040119NP	31.45	
21 0109 6210 950 7411 910	REIMBURSEMENT FOR BREAKFAST		31.45
	PIZZA	, in the second	
Vendor Name PERRIEN, NATE			31.45
	713156	992.00	
21 0010 1400 920 6600 618			992.00
Vendor Name PIONEER MANUFACTU	RING CO		992.00
PROMOTIONAL CONCEPTS 21 0109 1400 950 7413 618	400678	539.54	E20 E4
Vendor Name PROMOTIONAL CONCE			539.54
			339,34
RED OAK HARDWARE HANK	033310MTUU_2	520 00	
21 0010 1400 920 6650 618	033319MJHH-2 TENNIS BALLS	528.00	528.00
RED OAK HARDWARE HANK	033319МЈНН-3	959.97	J20.00
and the second s		202.21	



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04/05/2019 11.00 AW			
Vendor Name	Invoice . Number	Amount	
Account Number	Detail Description		Amount
21 0010 1400 920 6650 618	NETS		959.97
Vendor Name RED OAK HARDWARE	HANK	•	1,487.97
SHENANDOAH COMMUNITY SCHOOLS	040119SCSD	100.00	
21 0010 1400 920 6740 320	TRACK ENTRY FEE	100.00	100.00
SHENANDOAH COMMUNITY SCHOOLS	040119SCSD-1	100.00	100.00
21 0010 1400 920 6660 320	G/GOLF ENTRY FEE	100.00	100.00
SHENANDOAH COMMUNITY SCHOOLS	·	100.00	
21 0010 1400 920 6840 340	GIRLS TRACK ENTRY FEE		100.00
SHENANDOAH COMMUNITY SCHOOLS	040119SCSD-3	100.00	
21 0010 1400 920 6660 320	BOYS GOLF ENTRY FEE		100.00
Vendor Name SHENANDOAH COMMU	NITY SCHOOLS		400.00
SW IA SQUADRON OF SUPER HERO'S	040119BB	53.00	
21 0209 1400 950 7421 618	DONATION TO THE SW IA SQUADRON OF SUPER		53.00
Vendor Name SW IA SQUADRON O	F SUPER HERO'S	· 	53.00
UNITED FARMERS COOPERATIVE	0348328	39.85	
21 0109 1400 950 7407 618	FFA Supplies	39.63	39.85
Vendor Name UNITED FARMERS C	* *		39.85
Vender Name Online Paranto C	OOLEIGHTVE		39.03
UNITED PARCEL SERVICE	537022129	9.26	
21 0109 1400 950 7408 618	FFA Package		9.26
Vendor Name UNITED PARCEL SE	RVICE		9.26
Fund Number 21		***************************************	21,170.35
Checking Account ID 3			21,170.35
			21,110.55





Red Oak Community School District

Renewal Rate Summary

Renewal Rates, Effective July 1, 2019 through June 30, 2020

Health Insurance	<u>Single</u>	<u>EE+1</u>	EE+Child(ren)	<u>Family</u>
Select 750	\$699.05	NA	NA	\$1,991.72
Select 1250	\$667.06	NA	NA	\$1,897.57
Select 1500	\$647.43	NA	NA	\$1,839.77

Flexible Spending Account Administrat \$4.65 Per Participant Per Month

KABEL BUSINESS

SERVICES

Date Name



WELLNESS POLICY

The Red Oak Community School District's Board of Education is committed to supporting wellness, good nutrition, and regular physical activity as a part of the total learning environment. The school district supports a healthy environment where students learn and participate in positive dietary and lifestyle practices. The board believes for students to have the opportunity to achieve personal, academic, developmental, and social success, there needs to be a positive, safe, and health-promoting learning environment at every level., in every setting.

The school district provides a comprehensive learning environment for developing and practicing lifelong wellness behaviors. The entire school environment, not just the classroom, shall be aligned with healthy school district goals to positively influence a student's understanding, beliefs and habits as they relate to good nutrition and regular physical activity. In accordance with the laws and this belief the board commits to the following:

The school district will identify at least one goal in each of the following areas:

- Nutrition Education and Promotion: schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors
- Physical Activity: Schools will provide students with age and grade appropriate opportunities to engage in physical activity that meet the lowa Healthy Kids Act.
- Other School Based Activities that Promote Wellness: As appropriate, schools will support students, staff, and parents' efforts to maintain a healthy lifestyle.

The following nutritional guidelines for food available on school campuses will be adhered to:

- The meals served through the National School Lunch and School Breakfast Program will be appealing and meet, at a minimum, nutrition requirements established by state and federal law.
- Schools providing access to healthy foods outside the reimbursable meal programs before school, during school, and thirty minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities.
- Snacks provided to students during the school day without charge (class parties) will
 meet standards set by the district in accordance with law. The district will provide
 parents a list of foods and beverages that meet nutrition standards for classroom snacks
 and celebrations.
- Treats will be limited in the classrooms and students will get to choose other physical activities or games to play instead of bringing treats for celebrations (get ideas from Get Movin' packet).



• Schools will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in School nutritional standards on campus during the school day.

The superintendent or superintendent's designee shall implement and ensure compliance with the policy by:

- Reviewing the policy at least every three years and recommending updates as appropriate for board approval.
- Implementing a process for permitting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, administrators, and the public to participate in the development, implementation, and periodic review and update of the policy.
- Designate two staff members from each building to be advocates for our Wellness Committee and to help implement our policies in the District.
- Making the policy and updates assessment of the implementation available to the public (e.g., posting on the website, newsletters, etc.) This information shall include the extent to which the schools are in compliance with the policy and a description of the progress being made in attaining goals of the policy.
- Developing administrative regulations, which shall include specific wellness goals and indicators for measurement of progress consistent with law and district policy.

GOAL 1: Nutrition Education and Promotion: schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors.

- A) Provide students with the knowledge and skills necessary to promote and protect their health;
- B) Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy foods;

GOAL 2: Physical Activity: Schools will provide students with age and grade appropriate opportunities to engage in physical activity that meet the Iowa Healthy Kids Act.

- A) Promote the benefits of a physically active lifestyle and help students develop skills to engage in lifelong healthy habits;
- B) Afford elementary students with recess according to the following: At least 20 minutes a day, outdoors as weather and time permits, and encourages moderate to vigorous physical activity;
- C) Discourage all employees from using physical activity (e.g. running laps, pushups) or withholding opportunities for physical activity (e.g. recess, physical education) as punishment;

GOAL 3: Other School Based Activities that Promote Wellness: As appropriate, schools will support students, staff, and parents' efforts to maintain a healthy lifestyle.

- A) Permit students to bring and carry water bottles filled with water throughout the day;
- B) Promote wellness activities and opportunities during professional development;
- C) Encourage opportunities for physical activities to be incorporated into lessons across all subject areas using the Get Movin' Activity Breaks packet from the Iowa Department of Public Health and the Iowa Nutrition Network.



NUTRITION EDUCATION AND PROMOTION

The school district will provide nutrition education and engage in nutrition promotion that:

- is offered at each grade level K-8, and is an optional course at the high school, as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health;
- is part of not only health education classes, but also classroom instruction in subjects such as math, science, language arts, social sciences and elective subjects;
- includes enjoyable, developmentally appropriate, culturally relevant participatory activities, such as contests, promotions, taste-testing, farm visits and school gardens;
- promotes fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, healthy food preparation methods and health-enhancing nutrition practices;
- emphasizes caloric balance between food intake and physical activity;
- links with meal programs, other foods and nutrition-related community services;
 and.
- includes training for teachers and other staff.

PHYSICAL ACTIVITY

A. Daily Physical Education

The school district will provide physical education that:

- is for all students in grades K-12 for the entire school year;
- is taught by a certified physical education teacher;
- includes students with disabilities, students with special health-care needs may be provided in alternative educational settings; and,
- engages students in moderate to vigorous activity during at least 50 percent of physical education class time.

The total amount of physical education the school district provides is:

- Middle School provides 120 minutes per week
- High School provides 200 minutes per week

B. Daily Recess

Elementary schools should provide recess for students that:

- is at least 20 minutes a day;
- is preferably outdoors;
- encourages moderate to vigorous physical activity verbally and through the provision of space and equipment; and,
- discourages extended periods (i.e., periods of two or more hours) of inactivity.

When activities, such as mandatory school-wide testing, make it necessary for students to remain indoors for long periods of time, schools should give students periodic breaks during which they are encouraged to stand and be moderately active.

C. Physical Activity Opportunities after School

After-school child care and enrichment programs will provide and encourage—verbally, and through the provision of space, equipment and activities—daily periods of moderate to vigorous physical activity for all participants.

D. Physical Activity as Punishment Prohibited

Employees should not use physical activity (e.g., running laps, push-ups) or withhold opportunities for physical activity (e.g., recess, physical education) as punishment.

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OTHER SCHOOL-BASED ACTIVITIES THAT PROMOTE STUDENT WELLNESS

A. Integrating Physical Activity into Classroom Settings

For students to receive the nationally recommended amount of daily physical activity and for students to fully embrace regular physical activity as a personal behavior, students need opportunities for physical activity beyond the physical education class. Toward that end, the school district will:

- offer classroom health education that complements physical education by reinforcing the knowledge and self-management skills needed to maintain a physically active lifestyle and to reduce time spent on sedentary activities;
- discourage sedentary activities, such as watching television, playing computer games, etc.;
- provide opportunities for physical activity to be incorporated into other subject lessons;
 and.
- encourage classroom teachers to provide short physical activity breaks between lessons or classes, as appropriate.

B. Communication with Parents

The school district will support parents' efforts to provide a healthy diet and daily physical activity for their children. The school district will:

- offer healthy eating seminars for parents, send home nutrition information, post nutrition tips on school web sites and provide nutrient analyses of school menus;
- encourage parents to pack healthy lunches and snacks and to refrain from including beverages and foods that do not meet the established nutrition standards for individual foods and beverages;
- provide parents a list of foods that meet the school district's snack standards and ideas for healthy celebrations/parties, rewards and fundraising activities;
- provide opportunities for parents to share their healthy food practices with others in the school community;
- provide information about physical education and other school-based physical activity opportunities before, during and after the school day;
- support parents' efforts to provide their children with opportunities to be physically active outside of school; and,
- include sharing information about physical activity and physical education through a
 web site, newsletter, other take-home materials, special events or physical education
 homework.



C. Food Marketing in Schools

School-based marketing will be consistent with nutrition education and health promotion. The school district will:

- limit food and beverage marketing to the promotion of foods and beverages that meet the nutrition standards for meals or for foods and beverages sold individually;
- prohibit school-based marketing of brands promoting predominantly low-nutrition foods and beverages;
- promote healthy foods, including fruits, vegetables, whole grains, and low-fat dairy products; and
- market activities that promote healthful behaviors (and are therefore allowable) including: vending machine covers promoting water; pricing structures that promote healthy options in ala carte lines; sales of fruit for fundraisers.

Examples include marketing techniques include the following: logos and brand names on/in vending machines, books or curricula, textbook covers, school supplies, scoreboards, school structures, and sports equipment; educational incentive programs that provide food as a reward; programs that provide schools with supplies when families buy low-nutrition food products; in-school television, such as Channel One; free samples or coupons; and food sales through fundraising activities.

D. Staff Wellness

The school district values the health and well-being of every staff member and will plan and implement activities and policies that support personal efforts by staff to maintain a healthy lifestyle. Each school should:

- establish and maintain a staff wellness committee composed of at least one staff member, local hospital representative, dietitian or other health professional, recreation program representative, union representative and employee benefits specialist;
- develop, promote and oversee a multifaceted plan to promote staff health and wellness developed by the staff wellness committee;
- base the plan on input solicited from employees and outline ways to encourage healthy eating, physical activity and other elements of a healthy lifestyle among employees.



NUTRITION GUIDELINES FOR ALL FOODS AVAILABLE

A. School Meals

Meals served through the National School Lunch and Breakfast Programs will:

- be appealing and attractive to children;
- be served in clean and pleasant settings;
- meet, at a minimum, nutrition requirements established by local, state and federal law;
- offer a variety of fruits and vegetables daily;
- serve only low-fat (1%) and fat-free milk and nutritionally equivalent non-dairy alternatives (as defined by the USDA);
- ensure that half of the served grains are whole grain; and
- ensure that water is available in cafeteria.

As part of the school meal program, schools should:

- engage students and parents, through taste-tests of new entrees and surveys, in selecting foods offered through the meal programs in order to identify new, healthful and appealing food choices;
- share information about the nutritional content of meals with parents and students. (The information could be made available on menus, a web site, on cafeteria menu boards, placards or other point-of-purchase materials.)
- accommodate alternatives for those students with allergies that meet the above guidelines as closely as possible.

B. Breakfast

To ensure that all children have breakfast, either at home or at school, in order to meet their nutritional needs and enhance their ability to learn, schools will:

- operate the breakfast program, to the extent possible;
- arrange bus schedules and utilize methods to serve breakfasts that encourage participation, including serving breakfast in the classroom, "grab-and-go" breakfasts or breakfast during morning break or recess, to the extent possible;
- notify parents and students of the availability of the School Breakfast Program, where available

C. Free and Reduced-Priced Meals

The school district will make every effort to eliminate any social stigma attached to, and prevent the overt identification of, students who are eligible for free and reduced-price meals. Toward this end, the school district may:

- utilize electronic identification and payment systems;
- provide meals to all children, based on income; and,
- promote the availability of meals to all students.



D. Meal Times and Scheduling

The school district:

- will provide students with at least 10 minutes to eat after sitting down for breakfast and 20 minutes after sitting down for lunch;
- should schedule meal periods at appropriate times, e.g., lunch should be scheduled between 11 a.m. and 1 p.m.; should not schedule tutoring, club or organizational meetings or activities during mealtimes, unless students may eat during such activities;
- will provide students access to hand washing or hand sanitizing before they eat meals or snacks;
- should take reasonable steps to accommodate the tooth-brushing regimens of students with special oral health needs (e.g., orthodontia or high tooth decay risk).

E. Qualification of Food Service Staff

Qualified nutrition professionals will administer the meal programs. As part of the school district's responsibility to operate a food service program, the school district will:

- provide continuing professional development for all nutrition professionals; and,
- provide staff development programs that include appropriate certification and/or training programs for child nutrition directors, nutrition managers and cafeteria workers, according to their levels of responsibility.

F. Sharing of Foods

The school district discourages students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.

G. Foods Sold Outside the Meal (e.g. vending, a la carte, sales)

All foods and beverages sold individually outside the reimbursable meal programs (including those sold through ala carte [snack] lines, vending machines, student stores or fundraising activities) during the school day, or through programs for students after the school day will meet nutrition standards as required by state or federal law. For current state guidelines, click here http://tinyurl.com/lowa-HKA.



H. Fundraising Activities

There are two types of fundraising – regulated and other. Regulated fundraisers are those that offer the sale of foods or beverages on school property and that are targeted primarily to PK-12 students by or through other PK-12 students, student groups, school organizations, or through on-campus school stores. Regulated fundraising activities must comply with the state nutrition guidelines. All other fundraising activities are encouraged, but not required, to comply with the state nutrition guidelines if the activities involve foods and beverages.

The school district encourages fundraising activities that promote physical activity.

I. Snacks

Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage. Schools will assess if and when to offer snacks based on timing of meals, children's nutritional needs, children's ages and other considerations. The school district will disseminate a list of healthful snack items to teachers, after-school program personnel and parents.

J. Rewards

The school district will not use foods or beverages, especially those that do not meet the nutrition standards for foods and beverages sold individually, as rewards for academic performance or good behavior, and will not withhold food or beverages (including food served through meals) as a punishment.

K. Celebrations

Schools should evaluate their celebrations practices that involve food during the school day. The school district will disseminate a list of healthy party ideas to parents and teachers.

L. School-Sponsored Events

Foods and beverages offered or sold at school-sponsored events outside the school day are encouraged to meet the nutrition standards for meals or for foods and beverages sold individually.



M. Food Safety

All foods made available on campus adhere to food safety and security guidelines. All foods made available on campus comply with the state and local food safety and sanitation regulations. Hazard Analysis and Critical Control Points (HACCP) plans and guidelines are implemented to prevent food illness in schools.

http://www.fns.usda.gov/tn/Resources/servingsafe chapter6.pdf

For the safety and security of the food and facility, access to the food service operations are limited to child nutrition staff and authorized personnel.

N. Summer Meals

Schools in which more than 50 percent of students are eligible for free or reduced-price meals will sponsor the Summer Food Service Program starting the first Monday in June through the last Friday in July.

PLAN FOR MEASURING IMPLEMENTATION

A. Monitoring

The superintendent will ensure compliance with established school district-wide nutrition and physical activity wellness policies.

In each school:

- the principal will ensure compliance with those policies in the school and will report on the school's compliance to the superintendent; and,
- food service staff, at the school or school district level, will ensure compliance with nutrition policies within food service areas and will report on this matter to the superintendent or principal.

In the school district:

- the school district will report on the most recent USDA School Meals Initiative (SMI)
 review findings and any resulting changes. If the school district has not received a SMI
 review from the state agency within the past five years, the school district will request
 from the state agency that a SMI review be scheduled as soon as possible;
- the superintendent will develop a summary report every three years on school districtwide compliance with the school district's established nutrition and physical activity wellness policies, based on input from schools within the school district; and,
- the report will be provided to the school board and also distributed to all school
 wellness committees, parent/teacher organizations, principals and health services
 personnel in the school district.

B. Policy Review

To help with the initial development of the school district's wellness policies, each school in the school district will conduct a baseline assessment of the school's existing nutrition and physical activity environments and practices. The results of those school-by-school assessments will be compiled at the school district level to identify and prioritize needs.

Assessments will be repeated every five years to help review policy compliance, assess progress and determine areas in need of improvement. As part of that review, the school district will review the nutrition and physical activity policies and practices and the provision of an environment that supports healthy eating and physical activity. The school district, and individual schools within the school district will, revise the wellness policies and develop work plans to facilitate their implementation.

Approved August 27, 2018

Reviewed February 25, 2019

Revised February 25, 2019



Red Oak Community Schools Physical Activity Contract

Form is not a waiver, will be used to gauge level of activity in our students.

In 2008, the Iowa Legislature enacted "the Healthy Kids Act," requiring that all students engage in physical activity for a minimum of 120 minutes per week in which there are at least five days of school. The law also requires that we monitor how students fulfill this requirement.

Please fill out the items below, sign (both student and parent/guardian), and return to the school by the

first day of the school y	ear. If you have any qu	estions, call the secondary	y principal at 712-623-6610	•
Name of Student:			Grade:	
School activities that st week):	udent will be involved	in during the school year (include estimate of minute	s per
	Wrestling Bowling Swimming Minnisingers Cheerleading	Golf Tennis Soccer Minnisingers	Softball Swimming	
Signature of Parent/Gu	ardian:		Date:	

Red Oak Community High School Waiver for Physical Education Credit

Name	· · · · · · · · · · · · · · · · · · ·		Ann.
Grade		Year	
academic courses a waiver if they ar	s, and it must be parent, princi	11th grade students can only request a waive pal, and board-approved. 12th grade students s, want to take 8 academic courses, or fill thei and principal-approved).	can request
List the courses	you are planning to take th	is school year:	
	1st Semester	2nd Semester	
	· · · · · · · · · · · · · · · · · · ·		
St	udent Signature		
	arent Signature		
		Reason	

RITE OF PASSAGE-UTA HALEE DAY SCHOOL GENERAL CONTRACT FOR DAY SCHOOL SERVICES

This Contract for Services is made effective, by and between Red Oak Schools ("The District") of (address) 1901 N. Broadway, Red Oak, IA 51556 and Rite of Passage-Uta Halee Academy Day School ("ROP") of 10625 Calhoun Road, Omaha, Nebraska 68112.

- **1. DESCRIPTION OF SERVICES.** Beginning on ROP will provide to The District the services described in the attached Exhibit A (collectively, the "Services").
- **2. PAYMENT.** Payment shall be made to Rite of Passage-Uta Halee Academy Day School, 2560 Business Pkwy, Suite A, Minden, NV 89423.

The District agrees to pay ROP as follows:

Pay on a quarterly basis at the rate of \$159.98 per student per day Provide transportation to and from Uta Halee Academy Day School

The District shall pay all costs of collection, including without limitation, reasonable attorney fees. In addition to any other right or remedy provided by law, if The District fails to pay for the Services when due, ROP has the option to treat such failure to pay as a material breach of this Contract, and may cancel this Contract and/or seek legal remedies.

- **3. TERM.** This Contract will terminate automatically upon completion by ROP of the Services required by this Contract.
- **4. CONFIDENTIALITY.** ROP, and its employees, agents, or representatives will not at any time or in any manner, either directly or indirectly, use for the personal benefit of ROP, or divulge, disclose, or communicate in any manner, any information that is proprietary to The District. ROP and its employees, agents, and representatives will protect such information and treat it as strictly confidential. Any oral or written waiver by The District of these confidentiality obligations which allows ROP to disclose The District's confidential information to a third party will be limited to a single occurrence tied to the specific information disclosed to the specific third party, and the confidentiality clause will continue to be in effect for all other occurrences.
- **5. WARRANTY.** ROP shall provide its services and meet its obligations under this Contract in a timely and workmanlike manner, using knowledge and recommendations for performing the services which meet generally acceptable standards in ROP's community and region, and will provide a standard of care equal to, or superior to, care used by service providers similar to ROP on similar projects.
- **6. DEFAULT.** The occurrence of any of the following shall constitute a material default under this Contract:

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- a. The failure to make a required payment when due.
- b. The insolvency or bankruptcy of either party.
- c. The subjection of any of either party's property to any levy, seizure, general assignment for the benefit of creditors, application or sale for or by any creditor or government agency.
- d. The failure to make available or deliver the Services in the time and manner provided for in this Contract.
- 7. REMEDIES. In addition to any and all other rights a party may have available according to law, if a party defaults by failing to substantially perform any provision, term or condition of this Contract (including without limitation the failure to make a monetary payment when due) or commence to cure, the other party may terminate the Contract by providing written notice to the defaulting party. This notice shall describe with sufficient detail the nature of the default. The party receiving such notice shall have 10 days from the receipt of such notice to cure the default(s). Unless waived in writing by a party providing notice, the failure to cure the default(s) within such time period shall result in the automatic termination of this Contract.
- **8. FORCE MAJEURE.** If performance of this Contract or any obligation under this Contract is prevented, restricted, or interfered with by causes beyond either party's reasonable control ("Force Majeure"), and if the party unable to carry out its obligations gives the other party prompt written notice of such event, then the obligations of the party invoking this provision shall be suspended to the extent necessary by such event. The term Force Majeure shall include, without limitation, acts of God, fire, explosion, vandalism, storm or other similar occurrence, orders or acts of military or civil authority, or by national emergencies, insurrections, riots, or wars, or strikes, lock-outs, work stoppages. The excused party shall use reasonable efforts under the circumstances to avoid or remove such causes of non-performance and shall proceed to perform with reasonable dispatch whenever such causes are removed or ceased. An act or omission shall be deemed within the reasonable control of a party if committed, omitted, or caused by such party, or its employees, officers, agents, or affiliates.
- **9. ENTIRE AGREEMENT.** This Contract contains the entire agreement of the parties, and there are no other promises or conditions in any other agreement whether oral or written concerning the subject matter of this Contract. This Contract supersedes any prior written or oral agreements between the parties.
- 10. SEVERABILITY. If any provision of this Contract will be held to be invalid or unenforceable for any reason, the remaining provisions will continue to be valid and enforceable. If a court finds that any provision of this Contract is invalid or unenforceable, but that by limiting such provision it would become valid and enforceable, then such provision will be deemed to be written, construed, and enforced as so limited.

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- **11. AMENDMENT.** This Contract may be modified or amended in writing by mutual agreement between the parties, if the writing is signed by the party obligated under the amendment.
- **12. GOVERNING LAW.** This Contract shall be construed in accordance with the laws of the State of Nebraska.
- **13. NOTICE.** Any notice or communication required or permitted under this Contract shall be sufficiently given if delivered in person or by certified mail, return receipt requested, addressed as follows:

Rite of Passage-Uta Halee Academy Day School 2560 Business Pkwy, Suite A Minden, NV 89423

Red Oak Schools 1901 Broadway Red Oak, IA 51556

- **14. WAIVER OF CONTRACTUAL RIGHT.** The failure of either party to enforce any provision of this Contract shall not be construed as a waiver or limitation of that party's right to subsequently enforce and compel strict compliance with every provision of this Contract.
- **15. ATTORNEY'S FEES TO PREVAILING PARTY.** In any action arising hereunder or any separate action pertaining to the validity of this Agreement, the prevailing party shall be awarded reasonable attorney's fees and costs, both in the trial court and on appeal.
- **16. CONSTRUCTION AND INTERPRETATION.** The rule requiring construction or interpretation against the drafter is waived. The document shall be deemed as if it were drafted by both parties in a mutual effort.

I understand & agree this is a legal representa	tion of my signature.
X Tanya Martin Ed.D.	
(Principal), Uta Halee Academy	Date 4/3/19
X	
(School District), Recipient	Date