

September 26th -30th



INMAN NEWS

Excellence for All . . . Whatever It Takes!

Upcoming Events:

- *Sept. 30th - Kindergarten Field Trip
- * Oct. 4th - 1:00 PM dismissal & PT Conferences
Oct. 4th - Inman Book Fair 1:30 - 7:00 PM
- * Oct. 6th - 1:00 PM dismissal & PT Conferences
Oct. 6th - Inman Book Fair 1:30 - 7:00 PM
- *Oct. 14th - Trash Bag pick up at Inman from 4-7 PM
- *Oct. 15th - Trash Bag pick up at Inman from 8-11 AM
- *Oct. 21st - Picture Retakes



Mobile Food Pantry
the mobile pantry is available to you free of charge!
Questions: Call 712-623-6491

Wednesday, September 28, 2022

Distribution Time: 8:30pm (NO LATE UP DELIVERIES)
Location: ROCSD Football Field/Fairgrounds Parking Lot
1798 N 1st Street, Red Oak, IA 51546

- No Cost
- One day distribution
- Anyone in need is welcome
- No documentation needed
- Please stay in your vehicle with the trunk open

Thank you to our Volunteers:



Montgomery County
Memorial
Hospital & Clinics



FIRST COVENANT CHURCH - RED OAK



Follow Live Well Montgomery County on Facebook for more details

MUMMY AND SON

SATURDAY,
OCTOBER 15TH

GAMES, PRIZES,
COSTUME CONTEST,
SNACKS AND MUSIC



Open to boys
grades PK – 8th
accompanied by
an Adult
Gold Fair Building
6:30 – 8:30 PM

\$20 per couple and \$5 for
each additional child

Tickets available at

Pudgy Pumpkin

Hy-Vee service desk

At the door the night of
the event

Sponsored by Kiwanis Club of Red Oak and YES MENTORING

ANNUAL PORK CHOP SUPPER

Red Oak Optimist
After Prom Party
Red Oak Scout Troop

\$13.00 OR 2 FOR \$25.00

WEDNESDAY, OCT. 5TH FROM 5-7

GOLD FAIR BUILDING

SOUTH SIDE • DRIVE THRU ONLY

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BREAKFAST

SEPTEMBER 26TH - 30TH

MONDAY

Breakfast Pizza or Cereal w/Cheese Stick

TUESDAY

Egg & Cheese Breakfast Sandwich or Cereal w/Cinnamon Toast

WEDNESDAY

Cinnamon Roll or Cereal w/ Muffin Squares

THURSDAY

Tot N Egg Casserole or Cereal w/Toast & Jelly

FRIDAY

Chicken Biscuit or Cereal w/Yogurt



CRITTER CASS



LUNCH

SEPTEMBER 26TH - 30TH

MONDAY

Mozzarella Dunkers or BLTE Salad w/Fruit Muffin

TUESDAY

Macaroni and Cheese w/Italian Bread or Italian Sub

WEDNESDAY

Sloppy Joe or Popcorn Chicken Salad w/ Hot Roll

THURSDAY

Chicken Patty w/Hot Roll or Ham & Cheese Sandwich

FRIDAY

Cheese Pizza or Caesar Salad w/Fruit Muffin

12w DPZ